

Heidi Wittenberg, MD MS FPMRS
Female Pelvic Medicine & Reconstructive Surgery Board Certified

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EMPLOYMENT

Attending Physician, Director
Urogynecology Center of San Francisco
9/1/14 - Present

Attending Physician: Gyn, Urogyn, Neurourologist, FPMRS
Pacific Gynecology and Obstetrics Medical Group
May 16, 2001 - 8/31/14

Attending Physician
Pacific Women's Obstetrics and Gynecology Medical Group
August 1, 1999- May 15, 2001

APPOINTMENTS

Director of Urogynecology Center of San Francisco
9/1/14 – Present

Clinical Instructor, UCSF
UCSF Resident Surgical Instructor
2008 – Present

Director
Continence & Prolapse Center
Pacific Women's Obstetrics & Gynecology Medical Group
2001-8/31/14

Chair
Multispecialty Pelvic Physiology Conference
California Pacific Medical Center
2010-present

Director of Comprehensive Pelvic Medicine and Continence Center
California Pacific Medical Center
2000-2006

**COMMITTEE
APPOINTMENTS**

Gynecology Quality Assurance
California Pacific Medical Center
2003-present

California Pacific Medical Center New Technology Committee
2006-present

Gynecology New Technology Committee
2006-present

IPA Quality Assurance
Brown & Toland, San Francisco Ca
2009-present

PROCTOR

Intuitive Robot Benign Gyn Proctor 2009- Present
Coloplast Proctor for Altis Sling 2013- Present

BOARD STATUS

American Board of Obstetrics & Gynecology
Certified 2002 & active with MOC (maintenance of certification)

Female Pelvic Medicine & Reconstructive Surgery Specialty
Board Certified 6/21/2013 & active with MOC

EDUCATION

Johns Hopkins
Residency PGY 2, 3, & 4,
July 1,1996- June 30,1999
Columbus-Cabrini, Northwestern Affiliate
Residency PGY 1& 2,
July 1,1994- June 30,1996
U.H.S./The Chicago Medical School
Medical Doctorate
July 1990- May 1994
U.H.S./The Chicago Medical School
Masters in Science: Applied Physiology
July 1989- May 1990
University of California, Berkeley
Bachelor in Science
Major: Genetics
August 1985- May 1989

AWARDS

2013-2014 UCSF Outstanding Resident Teaching Award
2012-2013 UCSF Outstanding Resident Teaching Award
2011 Congressional Operations Access Unsung Hero Award
2013-2016 415 Top Doctors- Peer Survey
1991 American Diabetes Association Annual Research Award

**INVITED
PRESENTATIONS**

Utility of Routine Cystoscopy During Transvaginal Cervico-Isthmic Cerclage:
American Urogynecology Society Abstract Presentation 2015

Cervico-isthmus Cerclage & Cystoscopy:
Pacific Coast OB Gyn Society 2012

Incontinence 1999 – Present (complete list provided below)
Community Health Resource Center
Womens Resource Center
Grand Rounds OB Gyn & Medicine Departments at CPMC
Grand Rounds OB Gyn at St Lukes Hospital
Grand Rounds Medicine at Novato Community Hospital
SutterHealth Nursing Education
UC MedSurg Nursing Symposium 2005
Pacific Northwest Ostomy and Continence Nursing Conf 2012

RESEARCH

Neuromodulation Placed for Urinary Issues Secondary Effect on Constipation
**California Pacific Medical Center, San Francisco
2012-present**

Cervico-isthmus cerclage & Cystoscopy
Sponsor: Michael Katz, M.D., MFM
California Pacific Medical Center, San Francisco
2008-present

Holter monitor study of fetuses with internal scalp electrode
Sponsor: L. Feinkind, M.D., MFM
Columbus Hospital, Chicago
1994-1996

Chorionic Villus Sampling: NIH Study
Sponsor: Mitchell Golbus, M.D., Ph.D.
Genetics Clinic and Research Department
University of California, San Francisco
May 1987- September 1987, December 1987

ACTIVITIES

Operation Access: Providing Surgical Care to Uninsured
2011-Present

Hospital de la Familia Surgical Missions in Guatemala
2005 and 2014

Partners In Care University of California, San Francisco
Auxiliary Charity for the Hospital/ Founding Member
2010-Present

National Youth Services Foundation
Career Specialty Lecturer
July 2000, 2001

Community Services Committee
Eating Disorders Education for High School Students
July 1989- May 1990

PROFESSIONAL SOCIETIES

American Advanced Gyn Laparoscopy Society
American Association of Neurological Surgeons
American College of Obstetrics & Gynecology
American Urogynecology Society
Pacific Coast Obstetrics and Gynecology Society
San Francisco Gyn Society
San Francisco Medical Society
Society of Laparoscopic Surgeons
Society of Urodynamics, Female Pelvic Medicine
& Urogenital Reconstruction

INTERESTS

PROFESSIONAL

Urogynecology: comparisons of different surgical techniques, different medical options & physical therapies for continence management.
Neuromodulation effect on pelvic motility, role in constipation.
Neuromodulation effect on pain.
Robotic DaVinci Surgery (>500 complex surgeries)
Minimally Invasive Surgery
Surgical Missions

PERSONAL

My husband Steve, an amazing person-his 400 best friends would agree.
We are a match personally and medically. Luckily, I was able to provide a kidney to him when he went into renal failure during our first year of marriage.
He takes excellent care of me and what he calls his “girl kidney”.
He also takes care of our three dogs – all rescue dogs.
I love weekends in Santa Rosa with family.
Running is my pastime besides the above.

Heidi Wittenberg Lecture Experience:

- 10/2001 Urinary Incontinence
Community Health Resource Center (CHRC) Senior Lecture
- 10/2002 Stress Incontinence
CHRC Senior Lecture
- 04/25/2002 Urinary Incontinence Lecture
Women's Center at California Pacific Medical Center
San Francisco, California
- 05/2002 Urinary Incontinence Grand Rounds
Ob/Gyn Department
California Pacific Medical Center (CPMC)
San Francisco California
- 10/18/2002 Overactive Bladder Lecture to Physicians
San Francisco, California
- 02/25/2003 Overactive Bladder Lecture to Physicians
San Francisco, California
- 03/19/2003 Overactive Bladder Lecture to Physicians
San Francisco, California
- 03/25/2003 Overactive Bladder Lecture to Physicians
San Mateo, California
- 10/29/2003 Overactive Bladder
CHRC, CPMC, California
- 11/13/2003 Postmenopausal Women and Incontinence
Sequoias Assisted Living Facility
San Francisco, California
- 1/20/2004 Overactive Bladder to Physicians
San Francisco, California
- 3/3/2004 Overactive Bladder: Urge Incontinence
OB GYN Grand Rounds, CPMC, SF, California
- 3/11/2004 Incontinence in the Elderly
Geriatric Nurse Education, CPMC, California
- 3/31/2004 Incontinence
CHRC, CPMC, California
- 4/7/2004 Overactive Bladder and Urge Incontinence

Medicine Grand Rounds, CPMC, California

5/13/2004 Incontinence in the Elderly
Geriatric Nurse Education, CPMC, California

5/20/2004 Incontinence
Womens Health Center, CPMC, California

3/29/2005 Incontinence in the Elderly
Geriatric Nurse Education, CPMC, California

4/8/2005 Waterworks
MedSurg Nursing Conference
South San Francisco, California

11/2007 Updates on Urinary Issues and Prolapse Management SF, CA

4/8/2008 Grand Rounds Update on Overactive Bladder and Retention
Management, OBGYN Dept, CPMC, California

5/16/2009 Minimally invasive Urogyn Updates for OR Nurses
OR, CPMC, California

4/2011 Grand Rounds: Updates in Incontinence: Neuromodulation
OBGYN Dept, CPMC, California

4/2011 Gyn Robotics: CPMC Nursing Inservice, CPMC, California

10/2011 Urogyn Robotics: CPMC Nursing Lecture, CPMC, California

2/10/2012 Updates in Pelvic Motility:
West Coast Nurses Society of Pressure Ulcer and Continence Management
Napa, California

6/4/2012 Advances in Pelvic Reconstructive Surgery: Robotics
Novato Community Hospital: Grand Rounds Medicine & Family Practice

9/30/2012 Cervico-isthmic Cerclage & Cystoscopy
Pacific Coast OB Gynecology Society, Newport, California

5/2/2013 Advances in Pelvic Reconstructive Surgery: Pelvic Plumbing & Robotics
Sutter Hospital, San Francisco, California

5/23/2013 Overactive Bladder & Urge Incontinence Updates
Grand Rounds for St Lukes: Medicine, Family Practice & Ob Gyn

6/26/2013 Incontinence Updates: Community Health Resource Center

7/31/2013 Incontinence Updates: Heritage Retirement Home

- 10/2/2013 Surgeon Experience in Operation Access
Operation Access Board and Donators
- 10/5/2013 Neonatal Prolapse Discussion
Pacific Coast OB Gyn Society, Walla Walla Washington
- 3/19/2014 Stress Incontinence Treatments
Primary Care and Gyn Audience Lecture, SF CA
- 11/6/2014 Incontinence Management
Community Health Resource Center
California Pacific Medical Center, SF CA
- 3/13/2015 Robotic Updates in Gyn Surgery
Surgery Department at Saint Francis Medical Center, SF CA
- 3/25/2015 Overactive Bladder Updates and Pelvic Motility
North East Medical Society of Bay Area, Bay Area SF CA
- 4/14/2015 Pelvic Surgery and Minimally Invasive Approaches
Grand Rounds at Saint Francis Medical Center, SF CA
- 5/27/2015 Hematuria Diagnosis and Management Lecture
One Medical Group Grand Rounds, SF CA
- 7/22/2015 Incontinence Managements and Treatments
Community Health Resource Center
California Pacific Medical Center, SF CA
- 10/17/2015 Utility of Routine Cystoscopy During Transvaginal Cervico-Ishtmic Cerclage
Abstract Presentation
American Urogynecology Society, Seattle, Washington